

## GOSSIP MADAM



## Peer Mentor Can Help You Succeed

Peer mentoring also known as communities of practice is a relationship between people with shared experiences who are at the same career stage or age.



Mentors with experience and social capital are important, but peer mentors are equally critical yet often overlooked. Those in our age bracket, profession, or industry with shared experiences understand the pressures, empathize, and offer perspectives.

Peer mentoring can be organic or deliberate, formed within an organisation, nationally, and internationally. It can be in form based on gender such as Association of Real Estate Women and Group on Women in Medicine and Science or race and ethnicity such as the Student National Medical Association and National Bar Association.

Communities of practice offer the free exchange of knowledge, information, and opportunities where group members, at every level of the hierarchy learn from each other, while developing both professionally and personally.

Peer mentor offers a valuable opportunity to connect with likeminded people over a common purpose. It overcomes the hierarchical gap and kills loneliness. Loneliness can negatively impact work product, attendance, retention, and team performance.

Whether based on experience, rank, industry, gender, or race and ethnicity, find your support team who will help you navigate your new uncharted terrain.



"If you cannot see where you are going, ask someone who has been there before." – J Loren Norris

I hope you enjoyed your read!!!

## Have a Beautiful Week Ahead.

Send your feedback to <u>mailto:</u> adenike.olusanya@merciport.com